



course info

PKP™ Level One Kinesiopractic®

2026

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CQ School of Kinesiology

Course information guide for:

PKP™ Level 1 - Kinesiopractic®

2026



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about me –



01

Hi, I am Amy, I am a PKP Kinesiopractor® ICPKP Faculty Member, and have worked in supporting clients with trauma for a decade now. Prior to Kinesiology, I studied Psychology and was a registered provisional psychologist and overlapped studying my first level of Kinesiology.

I remember my very first session of Kinesiology like it was yesterday. I remember each technique that came up, but I remember that feeling.. this wave of doubt release, melt. I also remember that feeling of “how is this beautiful person, doing this as a job?!” helping me feel *this* good, this clear, this supported in an hour and I didn’t feel like I provide that with clients in 10 sessions at the time.

I remember the following week, returning to my job, and my team leader noticing I was a bit distant in my thoughts. She asked me, “is this job really for you” I felt devastated, because I knew it wasn’t but I didn’t see another option (yet). I had paid close to 6 figures to study the field I was in. I was almost registered. I was a client of Kinesiology for 4 years before I started studying, part of me does absolutely wish I started after that first session, but everything worked out the way it was meant to.

Supporting clients that feel the way I remember feeling, emotional, lost, like they would give anything to have another career option that allows them to be home with their kids, connect with incredible people, have flexibility, freedom, and feel fulfilling in their own purpose... and I have this internal smile, of this could be it for them, the answer they seek.

I have created this school that is valued on integrity, calmness, curiosity, flexibility, acceptance and connection, while giving my students all of the tools they need to become confident, empowered, incredible practitioners, and still meet the demands of their busy lives.

My vision in the classroom, is bringing genuine souls together that support one another’s learning, that feel seen, safe, enjoy being together and stay connected long term.

Weekday classes are scheduled around school hours and holidays. Weekend classes are offered to suit those who work full time.

I am so blessed to have built the business, career I have built today that supports myself, community and family, and I would love to help you feel supported in working towards your desired dreams.

With love,
Amy xx



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02

What is PKP™ Kinesiology

PKP™ stands for Professional Kinesiology Practice.

Kinesiology is a holistic modality that works with the body's innate intelligence through muscle testing.

The learning style and certificate taught at CQ School of Kinesiology, is PKP developed by ICPKP (International College of Professional Kinesiology Practice).

Founded by the creator, Dr Bruce Dewe and his wife Joan Dewe, PKP™ builds on the foundations, muscles and philosophies by Dr Thie's Touch for Health and Dr George Goodheart DC Applied Kinesiology.

Dr Bruce Dewe and Joan Dewe realised that while Dr Thie's Touch for Health (TFH) was an incredible synthesis for the lay-public, it was neither designed for, nor intended to train professionals for a career in the health and holistic industry.

Applied Kinesiology, developed by the late Dr George Goodheart DC requires that it be used in conjunction with other standard diagnostic methods by professionals trained in clinical diagnosis.

PKP™ aims to educate individuals so they can choose to move beyond neutral and have the power to achieve high level wellness. We effect positive change by using non-genetic influences on gene expression (i.e. epigenetic modulators)

How is PKP™ different?

The end goal for practitioners is as a Kinesiopractor® not a Kinesiologist. The name PKP™ explains the difference as a:

Participatory
Kinesthetic
Process

Whilst PKP™ has elements in common with other Kinesiology families, there is an underpinning philosophy that is quite different. In PKP™ we are not giving clients a balance, this is a participatory process where the client is the person with the answers to their own problems, challenges and situations. The PKP™ practitioner helps them find it and aims to balance the body's energies and systems to maximise the healing opportunity. (ICPKP)

A PKP™ Kinesiopractor® does *not* treat diseases, or medical/health concerns or conditions. They do not "fix" or "cure" a problem, they help a person create the life they want and live a life full of vitality.

Terms:

You will see the terms ICPKP, PKP and BKP.

ICPKP™ is the International College of Professional Kinesiology Practice, the leading provider of course materials, assessment tools, the app, database, the science of balancing.

PKP™ is Professional Kinesiology Practice, the type of Kinesiology we are teaching.

BKP refers to the first level certificate, Basic Kinesiology Principles, the foundations. .



Level One Overview

03

Level One Kinesiopractic[®] consists of 13 units that teaches you the basic Kinesiology techniques and foundations you will continue to use for the rest of your career.

You will continue to build upon these skills throughout.

Upon graduation, you will be able to practice as a Student Practitioner seeing paying clients.

This is a 16 month course accomodating for student clinic and practice days in between every few units to integrate, clarify, consolidate and master techniques, foundations, theories and hands on learning.

This course will challenge you as you go through your own transition from beginning, to practicing, to student, to practitioner, and what a rewarding, exciting and transformational experience this gets to be.

You will not only build on foundational techniques to support your clients in the future, but also to support yourself and your learning.

After graduating, you may choose to further your learning, skills, expertise in one or multiple of the ICPKP[™] Diplomas.

You will see the different pathways further in this guide.

Classes for Level One Kinesiopractic[®] are held over 2 days 9.00am - 3.00pm. If you need to leave early for school pick up or other commitments this is understood and respected. Catch up days are scheduled 9.00am - 4.00pm to allow for extra catch up if students feel they need this. If you need to leave by 2.30pm this is understood. If there is missed material you will need to review this. If there is missed gaps and you need support you will need to contact Amy to organise a tutorial appointment.

Next intake will start in September with graduation expected to be first quarter of 2028. This is to allow time for students BKP Exam, extra student clinic days if required. It is important students feel supported, ready, capable and confident finishing BKP. If you feel you need extra time this will be accommodated .

Upon completion, with competency in all units and successful completion of your BKP Exam, you will receive a letter and be eligible to register as a student with IICT (International Institute for Complementary Therapies) for your business insurance. You are required to externally source your first aid and CPR certificate, this is often a requirement for insurances and working in a health,holistic and service based industry.



04 Units we cover:

Level One Kinesiopractic[®]

Unit 1 – BKP 101 – Energisers and Self Care

The first of the hands on units! In this unit we will learn about the energy meridians in the body, Neuro-Emotional reflex points, Neuro-Lymphatic reflex points, and Neuro-Vascular reflex points. Right from this first unit you learn some extremely powerful reflex points that you will use consistently and come back to all the time. You will learn all about body testing, walking gaits and reflexes, simple emotional stress release, emotional trigger words, cross crawl, auricular energy and visual inhibition techniques. You will learn how to apply these life changing techniques for your own self care, then in later units how to use these with clients in the future and when working with muscles. I actually can't tell you how often these techniques from this very first unit come up in clinic and how I often I use these on myself and family on a regular basis, especially when things feel a bit interesting collectively.

Unit 2- BKP 102 – Proficient Manual Muscle Testing

In this unit we learn how to accurately muscle test. A skill you will love and wonder where it has been all your life. You will learn how to evaluate body energy, apply pre- and post evaluations, demonstrate clear circuit muscle testing, identify dehydration, ionisation, neurological disorganization (switching), Central Vessel integrity, thymus energy imbalance and perform energy balance on others. In this unit we explore physical touch in a clinical context. You will understand the scope, style and purpose of clinical PKP™ touch and your role in order to maintain safe practice, comfortability and trust.

Unit 3 – BKP 103 – Introduction to the law of 5-Elements

Develop an early understanding of the Law of 5- Elements. Learn to apply sound, colour, food, emotional and vertebral balancing techniques. You will learn to 'circuit locate' and perform an 8 muscle energy balance and select the priority balancing procedure for your partner. You will learn the powerful yin balance muscle sequence, using the comprehensive goal balancing protocol. You will add to previous knowledge with this further insight into the 5-element emotions, with more skills and tools to facilitate client awareness, involvement, clarity and increase your ability and confidence creating a dialogue while you do the corrections. You will begin your nutritional awareness by strengthening an unlocked muscle with food, so you increase your awareness about foods that increase and decrease energy. You will add to your protocol procedures of checking the changes, retesting pre tests and activities developing your confidence as a practitioner where you are able to prove to yourself and client the measurable change which is exciting to witness and celebrate!

04 Units we cover:

Level One Kinesiopractic[®]

Unit 4 – BKP 104 – The Body’s Superficial Energy Connections

We start to extend our understanding of meridians and their related organ system. You will develop proficiency in a 14 muscle wheel balance.

You will be able to perform a 14 muscle goal balance, learn about how our body is able to surrogate for other parts of the body & for others.

You will start to use some anatomical terminology and create a simple record of a client. This 14 muscle balance is a game changer throughout this certificate and your future career as a Kinesiologist. You extend your range of muscle testing knowledge with additional six yang muscles and how to integrate these with those previously learnt. You will learn the terms for specific body movements, and able possible causes of muscle problems researched by Applied Kinesiology. You will also explore “wheel” rules so you are able to choose starting point to short cut balancing times, as well as priority and more mode. These are great once you have learned the basics.

Unit 5 – BKP 105- The Law of 5 – Elements in Depth.

In this unit we extend our understanding of the 5 elements and dive into the 5 element emotions. You will learn about the body’s alarm points, Luo points, and acupressure holding points. You will be able to use the 5 element principles, and the yin/yang principles to perform a 5 element one – point goal balance.

a 5 element one – point goal balance. The acupressure point balance creates powerful shifts in behaviour. You will learn how to check for body polarity disturbances from computers and magnets and two ways to correct the resulting “off balance” and confusion that occurs. You will increase your ability to assess under and over energy and develop the skill to perform the 5-Element one point balance. You will increase your range of emotion words and develop a greater ease and flow speaking a relevant story as you do corrections with your client. Twelve extra indicator muscles are learned to give you more options, flexibility and confident when deciding to test the most appropriate meridian related muscle. This gives you and your client more comfortability if they have an injury or concerns or a technique requires a muscle from the upper and lower extremities, allowing you to pivot in those moments.

Unit 6 - BKP 106 - Professional Skills, Balancing Protocol with ICPKP Database:

The magic where it all comes together. This unit introduces the finger mode and ICPKP database. You will learn some contraindications of Kinesiology Balancing, the simplified PKP protocol, understanding the history of Kinesiology and building client rapport. We also explore age recession. You may have wondered during Kinesiology sessions with a PKP[™] Kinesiologist how do they follow these steps, this is it! Knowing what to ask, what to check and how to have this beautiful confident flow, certainty and confidence during future sessions. You will expand your communication skills greatly. You will become proficient in following the PKP[™] fingermode balancing protocol which will be your step by step instructions to follow when balancing.

04 Units we cover

Unit 7 - BKP 107 - Pain Reduction:

You will develop skills in using Kinesiology techniques to assess and reduce physical pain with your client. This unit allows you to develop skills and understanding of the use of emotional and postural stress release, muscle energy techniques, meridian flow adjustment, cross crawl exercise for pain relief, figure -8, marine (shell) spiral energy, specific neuromuscular reset technique, energy stroking and food or supplements to reduce physical pain. You will know what questions to ask and what to be mindful of when working with clients with physical pain. You will also know when to refer clients. You will know how to work with deeply sore muscles and using techniques above the problem site. You will learn how to employ a powerful pain tapping technique, how to ease organ discomfort, reduce pain in an instant and produce many other benefits. You will also know and work out when to do which process for the best results.

Unit 8 - BKP 108 - Balancing with Food

This is a fun unit where we explore and challenge our beliefs, habits and awareness around food we habitually eat. This unit allows you to develop an understanding of the chain of life, the six stages of nutrition, food combining, the concept of biogenic, biostatic, biocidal substances and foods. You will look at food rotation principles and develop skills in using Ear acu-point sensitivity tests. You will know what questions to ask and consider, and how to use nutrition testing to support your client. After completing this unit, you will be able to use food to improve 5-element energy, meridian and muscle function to balance body energy. You will extend your discernment and awareness of whether foods and supplements that are energy producing, static or aren't helpful to our energy. You will learn what to ask and double check to question the validity of nutritional response in relation to sensitivities. There is more in later units for this too.

Unit 9 - BKP 109 - Advanced muscle techniques, Reactivity and Posture

This is a fulfilling advanced practical skills unit. You will be able to assess and evaluate posture, demonstrate muscle facilitation and inhibition, identify and correct muscle and meridian reactivity, apply muscle stretch response, sustained muscle use, specific circuit, hidden muscle failure, and contralateral spindle techniques to improve posture, movement, focus and integration. You will learn how to retain a circuit so you hold one piece of information while looking for matching data. This is incredibly helpful when working out the bigger picture with clients around reactivity or their goal and other life aspects.

04 Units we cover

Unit 10 - BKP 110 - Functioning as a Practitioner

This unit is about understanding practicing as a professional Kinesiologist, setting clear boundaries in Kinesiology practice, establishing personal ethical behaviour, considerations and guidelines and respecting a clients rights in a health care setting. You will learn skills to liaise and refer with other health care professionals, how to take a client history and establish desired outcomes, maintain client rapport, considerations with sensitive information, facilitate towards self responsibility model, keep clinical records, make necessary referrals. At this stage, with your kinesiology skills, all the units you have learned and combined with the extra government requirements, will enable you to build an effective, professional, respected strong practice.

Unit 11 - EMS 201 - Mastery of Emotional Stress Release

We develop the skills and understanding of the frontal/Occipital stress release technique.

We learn and practice 20 powerful techniques to assist our client release emotion held in the body, to create solutions to situations where details aren't clear, to bring on senses towards thinking creatively from survival responses previously. These techniques will equip you with being able to lead, guide, support and pivot during sessions with your clients. These techniques will also support your clients in their relationships, releasing emotions, communicating their needs, letting go of the past, and making decisions that feel achievable, decisive and empowering from their own wisdom and realisations with you guiding them, supporting and witnessing them through this technique.

Unit 12 - RBT 201 - Clinical Body Contact, Palpation and Draping

This unit is about developing confidence, professionalism, compassionate skills and understanding in using Kinesiology techniques related to body contact, clinical draping. After completing this unit, you will be able to confidently prepare for, establish, maintain and cease clinical body contact in a Kinesiology setting and demonstrate the draping of a client in a manner that allows them to stay warm, feel safe and taken care of. You will understand palpation to assess the client's muscle state, learn basic massage strokes, specific muscle massage, deep tissue massage and their application in Kinesiology especially gym, athletes, and sports areas.

Unit 13 - A&P1 - Anatomy & Physiology HS (Home Study Unit)

Anatomy & Physiology - A self directed, home study informative unit on the Anatomy and Physiology of the human body. You will be able to describe in simple anatomical terms the respiratory, integumentary, urinary, cardiovascular, digestive reproductive and nervous systems with references to the brain, senses, describing human skeleton, types of joints, muscle structure, origin and insertion and action of major muscles in the body. This unit will help you understand the various systems of the body and supporting client's and the issues they seek support with.

This requirement ensures you are equipped to respond appropriately in emergency situations, provide a safe environment for clients in your care, and uphold required professional standards.

O4 Units we cover

OCT202 - First Aid & Resuscitation. OC - Off Campus

Students are to source externally and maintain up to date CPR and first aid.

This unit ensures that all students meet the essential safety and emergency response standards required of health and wellbeing practitioners in Australia.

While not taught directly by CQ School of Kinesiology, First Aid and Resuscitation certification is a compulsory component of your qualification.

You are required to complete an approved First Aid and CPR course through a recognised provider such as:

- Red Cross
- St John Ambulance
- Or an equivalent accredited organisation (Yeppoon has a few options)

Once completed, please provide a copy of your certificate to the College so we can record and credit this unit toward your qualification.

To pass this unit, your First Aid certificate must be current within the last three years, and CPR within the last 12 months. Most countries require practitioners to refresh and update these skills regularly.

(For example: every 3 years in Australia, and 2 years in New Zealand).

05 Materials you will need:



You will need to purchase:

- An Ipad or Android Tablet to install the ICPKP Kinesiology + App
 - This stores and holds your textbooks, student activities journals, demonstration videos of techniques, units, quizzes and more
 - You will also use this in future balances when you see paying clients after BKP Level One Kinesiopractic ®
- A massage table in the future of the course to practice with your volunteers (friends, family members) for your protocol balances after BKP 106 and to practice muscles in earlier units for your Student Activities Journals.
- Stationary - pens, highlighters.
- A display folder for handouts, charts and pages you may wish to print.
- Ipad / technology chargers.

05 Pathways beyond Level One Kinesiopractic®



***Please note Level One Kinesiopractic® is currently open for intake
Diploma's will not be available until Mid - Late 2027 after completion
and graduation of Level One Certificate***

ICPKP™ Diploma of Energy Psychology

Subconscious, Soul and Spiritual issues in a Clinical Practice

Develop trauma informed skills to support clients experiencing emotional stress, anxiety, fear and long standing behavioural patterns with a strong focus on subconscious programming and emotional resilience

ICPKP™ Diploma of Learning, Metaphysical, Holographic & Vibrational Energies

Explore learning patterns, behavioural genetics, subtle energy systems, vibrational tools, metaphysical techniques to support neurological function, learning and self-understanding

ICPKP™ Diploma of Musculoskeletal Rehabilitation & Reintegration

Specialise in musculoskeletal supports, specific muscular protocols, pain reduction, reintegration, hypertonic muscles, ligament support, pelvic protocol, lymphatic techniques supporting high level wellness

ICPKP™ Diploma of Dietary and Nutritional Science

Managing dietary and nutritional issues in a clinical practice, immune mismatch response, allergies and sensitivities, cleansing and detoxification protocols, modern dietary protocols, chemistry, biochemistry and pathophysiology, providing support around dietary and lifestyle modification protocols, diet awareness and nutrition supporting health at the cellular level.

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06 Payment information

Course investment:

Level 1 Kinesiopractic ® consists of 13 modules, with fees structured as follows:

- \$650 per module + GST (\$715)
- Total course investment: \$9295 + GST (GST inclusive total \$8580)

All fees are quoted in Australia dollars.

Enrolment Deposit:

A non-refundable enrolment deposit is required to secure your place in the course.

- Deposit amount: \$1300 + GST (GST inclusive deposit \$1430)
- The deposit is credited towards your first two modules
- Enrolment is confirmed once the deposit is received
- Deposit is non refundable

Ongoing Module Payments

Each Module must be paid in advance prior to receiving access to the unit.

Students may choose to:

- Pay per module (if two payments are late a direct debit arrangement will need to be made)
- Arrange a direct debit payment plan

Please note payment must be made to gain access and be licensed for the unit.

Invoice for the next unit will be issued after second day of prior unit completion. Students will be licensed for upcoming unit 7-10 days prior to unit starting to allow for time to watch webinar and demonstration videos however with a close timeframe to ensure questions and information is not too far apart to reduce confusion and keep information relevant, ensuring students are prepared.

Certification for Level One Kinesiopractic® can only be issued once all course fees, including GST have been paid in full and course requirements have been completed, competent and signed off formally.

06 Payment information

Payment plans are available to support students through this course via direct debit. The structure is set up to support students in ensuring their fees are paid in full by the end of the course to receive their certificate. The deposit of \$1430 is required and then direct debit will begin.

Please note payment plans are being finalised and this is not an official agreement pending confirmation with direct debit companies, this will be updated 24//08/2026.

Payment plans may be arranged on a:

- Fortnightly (approx \$250 per fortnight) or a
- Monthly basis (approx \$500 per fortnight)

Please note payment plans course total cost is extra due to direct debit fees and dishonour fees.

To remain eligible to attend classes and receive material, payments must stay up to date ahead of module access. Payment plans are designed to support forward momentum and share responsibility. Students are encouraged to discuss individual circumstances so a realistic and supportive plan can be arranged.

It is the **student's responsibility** to:

- Ensure sufficient funds are available on scheduled payment dates
- Maintain accurate payment details and information
- Notify the institute promptly if a payment issue arises

Missed or declined payments may result in temporary suspension of course access until payments are brought up to date.

Payment Methods

Payment details and agreements will be provided upon enrolment

Accepted payment methods may include:

- Direct bank transfer

Financial Difficulties

We understand and empathise life circumstances can change.

If financial stress arises during the course, students are encouraged to make contact as early as possible. Compassionate communication allows options to be explored while maintaining integrity of the training.

Refund Policy:

The enrolment deposit is non-refundable

Module fees already paid are non-refundable once the Module has commenced, issued and licensed.

In exceptional circumstances, written requests may be considered at the discretion of the school however when a module has been licensed and material provided this may not be possible to accommodate.

UNIT	DATES
BKP 101 - Energisers and Self Care	7th and 14 th of September 2026
BKP 102 - Proficient Manual Muscle Testing	12th and 26 th of October 2026
BKP 103 - Introduction to the Law of 5-Elements	9th and 23 rd of November 2026
Catch up day	7th of December 2026
BKP 104 - The Body's Superficial Energy Connection	February 2027 TBC
BKP 105 - The Law of 5-Elements in depth	March 2027 TBC
EMS 201 - Mastery of Emotional Stress Release	April 2027 TBC
BKP 106 -	May 2027 TBC
Student Clinic Day	May 2027 TBC
BKP 107 - Pain reduction	June 2027 TBC
BKP 108 - Balancing with Food	July 2027 TBC

UNIT	DATES
BKP 109 - Advanced muscle techniques, reactivity and posture	August 2027 TBC
Student Clinic Day	September 2027 TBC
BKP 110	October 2027 TBC
RBT 201	November 2027 TBC
Student Clinic Day	November 2027 TBC
BKP EXAM	TBC - December 2027 or February 2028 (pending student confidence, student clinics and completion of units)
OCT 201 First Aid (Students to source externally)	Students to source externally (no fees applied)
Anatomy & Physiology (home study unit)	Home Study Unit (can be completing in extra times during class)
Graduation!!!	Celebrating your qualification, determination, studies and you as a practitioner!!

*CQ School of Kinesiology,
making what might seem
complex at first, simple
and easy to comprehend.*

*Here, this is where
science meets intuition,
and learning becomes
transformation*



***“Good Kinesiologists are a blend
between a guide, a coach, a wise
observer and a companion who
helps each client look at their life,
see what is working and what is
not, accept that change is needed
and walk beside them as they
make positive long-lasting
changes that will enable them to
live a life of purpose” - Dr Bruce
Dewe***

Frequently Asked Questions



Do you offer payment plans?

Yes, I want this to be as accessible, manageable and achievable as possible.

There are two different payment plan options for us to work out that best fits your circumstances and ensures that your course is fully paid for by the end of the thirteen month period to ensure to you can graduate and receive your qualification.

The payment plan ***must*** ensure each unit fee is covered before the unit release date prior to gaining access to the learning information.

How long does the course take?

The course will run over 16 months with scheduled clinic days and catch up integration days. These allow students to come and practice and/or catch up on any outstanding work and practice completing a full protocol balance under supervision with support for questions and clarification

Is there any homework?

Yes. There are student activities journals (SAJ) that need to be completed for each unit.

The student assessment journals will be able to be partially completed outside of class (preferably before the practical class) and during the practical class.

Each student assessment journal is due at the beginning of the next unit.

E.g. Unit 1 – BKP 101 Student Assessment Journal is due at the beginning of class for Unit 2 – BKP 102.

The length of the Student assessment journals vary from unit to unit and are designed to help consolidate information, techniques and provide practical application of knowledge.

Do I have to attend all classes?

Yes it is strongly recommended that you attend all practical classes. I understand life can happen and you may not be able to attend a day. You will need to catch up on this or organise a private mentoring session with myself to go over gaps in information for you. The more practice you can get in class under supervision, the more confident and comfortable you will be when you are seeing paying clients.

I encourage you to catch up with your class mates when you can, and attend the practice days to ensure you catch up on anything you have missed. If this is a regular occurrence due to life circumstances, we may need to re evaluate if this is the right time for you and explore what supports may help.

Will I have a qualification when I'm finished?

Yes! Once you have paid for your course in full and satisfactorily completed each Student Assessment Journal you will be awarded with your Level 1 in Kinesioptic from CQ School of Kinesiology – Faculty member for the International College of Professional Kinesiology Practice (ICPKP)

Frequently Asked Questions

I haven't studied for a long time will I be confident to do this?

Yes absolutely. Many students return to study after a long break. This course is taught quite differently in the way of hands on learning. Theory is integrated into practice rather than long paragraphs of information to memorise. Learning is supported through repetition, discussion, movement, and real world application. You are encouraged to learn in the way that works best for you and we do our best to accomodate various learning styles and to make complex elements easy to understand.

What is the weekly study demand?

Study demands are designed to be flexible and manageable. Outside of class days, students spend time:

- Reviewing online learning materials (watching demonstration videos and webinars which you can always refer back to)
- Reading course content
- Practicing techniques with each other / volunteers
- Completing Student Activities Journals
- Open book quizzes at the end of units (10 questions)

In terms of time to allow for studies depending on individual learning styles however the advised amount is approximately 4 - 7 hours per week.

Do I need first aid training?

Yes. Students are required to complete a current First Aid and CPR Certificate during their Level One studies. This is required to be arranged independently and supports readiness for student practice and clinic participation. This is also a requirement for many insurances ongoing.

Is this course an RTO/AQR Qualification?

No. This course is not delivered under the Australian Registered Training Organisation (RTO) framework and does not lead to a nationally recognised AQF qualification. Instead, this training follows the Professional Kinesiology Practice (PKP™) framework developed by the International College of Professional Kinesiology Practice (ICPKP®) and forms part of an internationally recognised professional training pathway in Kinesiopractic®.

Upon successful completion in Level One, students receive an international certificate in Professional Kinesiology Practice, issued through the ICPKP® framework.

This certification is recognised by the International Institute of Complementary Therapies (IICT) allowing graduates to apply for professional registration and practitioner insurance through IICT, subject to their membership requirements.

Frequently Asked Questions

What tools do I need to study?

You will need an Ipad or Samsung device to access the Kinesiology + app.
The Kinesiology + App houses all of the most up to date text books, the ICPKP finger mode data base and ICPKP information.

You will use this for all of your Text books and Student assessment journals.

You will also need this when accessing the database that you will use with working as a Kinesiologist in the future.

Other materials include basic stationary for note taking or jotting down key factors you want to remember.

Access to a massage table for home practice as you progress through the course.
Further guidance will be provided as you move through the program.

How much money do Kinesiologists make?

This varies a lot and I encourage you not to get caught or attached to this as when you focus on the client connection, the results speak for themselves.

New Graduate Kinesiologists can charge anywhere from \$80 - \$100 per client.

Fully qualified Kinesiologists can charge between \$120 - \$150 Per client.

Senior Kinesiologists can charge between \$150 - \$300 per client.

Where are the classes run?

The classes will be held in Yeppoon QLD at the Wellness Haven.

How do I get started?

Amazing! Love your excitement.

Email Amy at info@cqschoolofkinesiology.com.au to register your interest. Amy will email you a registration form and give you the steps to download the Kinesiology plus App & register with ICPKP to get started!

Have more questions?

Please reach out with any questions by emailing Amy at amy@cqschoolofkinesiology.com.au

Next steps:

01

Email amy@cqschoolofkinesiology.com.au and you will be sent an expression of interest form to complete.

02

Once completed, we will organise a call and interview to discuss your application.

03

If we both agree this is the right fit for you, you will be sent a student agreement form to sign and complete.

04

Once your application has been successful and you have been notified, payment details will then be organised.

05

Once enrolment deposit has been received, your enrolment is confirmed

06

You will receive a welcome email with an introduction of the next steps to download the Kinesiology + app.

07

One week prior to class commencing you will be licensed for your first unit.

08

You will then be able to read the textbook, watch the videos and feel prepared for what we will be covering in class.

09

You will be added to a whats app group with other students to ask questions and communicate relevant information from class.

10

The next step is attending class, meeting together and starting this exciting journey for you!

Are you ready?

Email amy@cqschoolofkinesiology.com.au to register your interest

With love and excitement,

Amy Manley

If you are feeling intrigued but feel like you want to have a personal Kinesiology balance for yourself first to clear sabotages, doubts, limiting beliefs around this you can book a 1:1 Kinesiology session with Amy at www.intuitivehealingwithin.com

**CQ School of Kinesiology
www.cqschoolofkinesiology.com.au**

